



WILDERNESS FIRST RESPONDER RECERTIFICATION

Hosted by Idaho Rescue Training
Taught by NOLS Wilderness Medicine



DATES: May 2-3, 2020: 8am-5pm
CPR Section May 2: 5:30pm-8pm

COST: \$325

LOCATION: [Mountain Humane, 100 Croy Creek Rd, Hailey, ID 83333](#)

For more course information and to register, visit
<https://www.idrescuetraining.com/nols-wilderness-medicine>

COURSE DESCRIPTION

Are your wilderness medicine protocols on the tip of your tongue or in the bottom of your pack? Join the leader in wilderness medicine for a three-day scenario-based course to review evacuation and decision-making guidelines. Our dynamic, experienced instructors will refresh you on current techniques, protocols and controversies in the wilderness medicine field. You will have opportunities to ask questions and to participate in challenging practice scenarios and case studies. The Wilderness First Responder Recertification (WFR Recertification) course includes NOLS Wilderness Medicine Adult and Child CPR and Airway Management certification. This course is the most popular recertification program in wilderness medicine and is ideal for current Wilderness First Responders and Wilderness EMTs.

You are required to complete on-line assignments, review, and testing prior to the beginning of class through the Canvas platform. Information will be emailed directly to you with ample time to complete the pre-course work.

Check the following web page for information and resources on how to best prepare for your course: <https://www.nols.edu/en/resources/wilderness-medicine-resources/>.

CLASS FORMAT AND PERSONAL PREPARADNESS

Check in is at 7:45 am on the first day of the course. Course days run from 8:00 am to 5:00 pm. Attendance is required at all scheduled classes. Scenarios and practice sessions will take place both inside and outside. Bring outdoor clothing appropriate for lying on the potentially wet, snowy, and/or cold ground playing the role of both rescuer and patient. Frequently stage (moulage) blood and make-up are used to emphasize the reality of a scenario. The classroom environment generally lends itself to a pair of comfy shoes or slippers and a camp chair. Please come equipped with a light daypack, waterproof top and bottoms, light hiking boots, and layers well suited for spending time outside regardless of the weather.

CPR for Adult and Children for Lay Responders will be offered on the evening of Day 2 beginning at 5:30pm and is included in your course tuition. This section is optional for those that already have a certification or need different level certification.

RECERTIFICATION REQUIREMENTS

This course may be used to recertify a WFR certification. You must possess a current (unexpired) WFR certification of at least 70 hours to recertify through a WFR Recertification course. It is your responsibility to make sure your certification meets this standard. If you are unsure, please contact NOLS Wilderness Medicine before enrolling in a course and review the recertification portion of our website: <https://www.nols.edu/en/courses/wilderness-medicine/recertify>. NOLS Wilderness Medicine certifications will be afforded a one-year re-entry period after expiration within which to recertify. This course will also recertify those who hold a valid WEMT (wilderness portion only) or WAFA certification. If recertifying, you must submit a photocopy of your current certification card(s) on the first day of the course. We cannot issue you a new certification until we verify your previous training.

REGISTRATION/POLICIES

The full tuition is required to reserve your space in the course. The tuition fee covers textbooks, syllabus, equipment and certifications. Idaho Rescue Training is not obligated to allow any student to attend a course until all NOLS Wilderness Medicine paperwork has been received, reviewed and approved by Idaho Rescue Training. A full refund will be given if we need to cancel the course for any reason.

Pets are not allowed at the teaching site. This includes leashing them outside. No exceptions. Any student bringing pets to class will be asked to leave class until the pet is safely off the site, including the parking lot.

CANCELLATION AND REFUND POLICY

If a student cancels or withdraws from a course:

- Greater than or equal to 30 days prior to the course starting date, Idaho Rescue Training will retain a \$50.00 administrative fee. The remainder of tuition collected to date will be refunded.
- Within 30 days of the course start date, the registration fee is non-refundable.

NOLS WILDERNESS MEDICINE STUDENT AGREEMENT

(Including Assumption of Risks and Agreements of Release and Indemnity)

Please download this agreement at <https://www.nols.edu/en/filer/public/1481683959/906/> and read it carefully as it affects your legal rights. Bring the two-page signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document as well. Without a signed document, you cannot participate in the course. NOLS Wilderness Medicine participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the NOLS Wilderness Medicine program and are at the sole risk of the participant.

CONTINUING EDUCATION CREDITS

NOLS Wilderness Medicine is proud to be a Continuing Education Coordinating Board for Emergency Medical Services (CECBEMS) accredited organization. Current EMTs are eligible to receive 18 CEU hours for participation in a Wilderness First Responder Recertification course. Please bring a photocopy of your current EMT card(s) with you to your course.

The WFR Recertification course is pre-approved for one semester hour credit through Western State Colorado University (WSCU) for an additional cost of \$55. Thirty days prior to the NOLS Wilderness Medicine course, interested students must initiate registration and payment for credit by requesting an enrollment form for WSCU from NOLS Wilderness Medicine.

Please contact Paul Holle with any questions.

208-720-8437

paul_holle@nols.edu

NOLS Wilderness Medicine
Wilderness First Responder
Hybrid Recertification Course Schedule



PRE-COURSE

On-line coursework, review, & testing

DAY 1

Morning

Intros, Orientation, Test Review
Patient Assessment System
Shock
Chest Injury
Head Injury

Afternoon

Spinal Management
Wilderness Wound Management
Dislocations
Athletic Injuries

Evening

CPR

DAY 2

Morning

Fractures
Altitude Illness
Heat Illnesses and Hydration
Hypothermia
Medical Topics

Afternoon

Medical Topics
Final Q&A Closing/Evaluations